

## 11/30/11 - Brown Rice Mejedra

Mejedra, Majadra, or even Enjadra are various spellings for a Middle Eastern, Sephardic comfort food. Warm and earthy, the slightly sweet and toasty flavor of well done caramelized onions with rice containing lentils is very satisfying. It is often eaten plain, as a side dish, or sometimes with yogurt for a quick lunch. [\[click to continue...\]](#)

