10/15/10 - Grilled Family Dinner

Last week, Wednesday as I contemplated the deluge of rain that descended on Los Angeles, I was inspired to create a dinner menu of strong and complimentary flavors. The washed out, grey landscape needed a counter balance. The week before, records were set in the low 100's, temperature wise and this day was pouring and 62 degrees. The bizarre weather, well, had everyone talking about the weather. Did you ever notice how people in public settings are more friendly and down right talkative when there is a subject, like the weather that everyone is safe to comment on in public without giving away anything about their private selves or political views or relationship status.

Before I drift into the psychology of human behavior lets continue about the food.

Baba Ganoush With Mini Pita

Grilled Artichoke Halves With Seat Salt Ad Chipotle Mayonnaise

Grilled Shoulder Lamb Chops With Lime Juice And Cascabel Chili And Fig Sauce (From Bobby Flay)

Brown And Wild Rice

The menu was divine and I am so glad my trusty barbecue is under an overhang and I can grill in the rain.Look for the Baba Ganoush and Cascabel Chili Sauce Recipes coming soon.

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