

## 10/08/10 - Kibbeh Senia

Kibbeh are a Middle Eastern favorite loved by all. From Syrians to Lebanese, from Iraqi to Turkish there are many different versions of Kibeh, Koobeh, or Kuba. Bulgur crusted dumplings, stuffed with spiced ground meat, kibbeh are most often served deep fried in shapes like torpedoes, and many times served steamed in stews or pot roast as balls, tear drops, or patties, . Kibbeh are all delicious. This recipe, while in the same genre flavor-wise, is not made as individual dumplings, but rather, made in a large baking dish, double crusted, with a filling and cut into portions. This recipe



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