

11/09/11 - Thanksgiving

Thanksgiving is a very important holiday to me personally. I feel blessed to be an American, born here in the United States with all of the advantages and privileges that affords a person, even a poor one who has to struggle to get ahead. At least there is a probability of a good outcome after struggling, there is in a word, opportunity.

This year I am in a rush. I want to develop some new pumpkin recipes and expand my dessert repertoire. I also want to pair down a few calories, not with "diet" manufactured ingredients, but with more vegetables, a little less grease, desserts that are smarter but lack nothing in taste, mouth-feel, or satisfaction. I hope to post some great recipes in a couple of days. In the meantime I apologize to all of my



The time has come for Nona, my mom to move to assisted living apartment. She is 93 (another thing to be thankful for), getting frail, and getting lonely in her condominium even though she has 24/7 companions. I confess to having been a little preoccupied. Finally, I think I have things organized, all that remains is to execute the plan.



Capeloto Sisters with Nona at 90

On another note, a very exciting note, making me very thankful, on November 16th I will be featured in a Thanksgiving spread in [The Washington Post](#). I believe there will be 8 featured recipes, enough for a full feast, published. I would add pumpkin pie to the line up.



Please, if you get a chance, read the article and try the recipes. They are truly wonderful. I don't have the exact link or URL yet since it is not out yet. To shoot the photos in the story, I cooked all of the food in someone else's kitchen, with their pots, pans, and ovens. I had several people helping me, following the instructions in the recipes and making the dishes. So all of the recipes have been really tested, they turned out fantastic and tasted great. As always everything is easy to make kosher and dairy-free.



The recipes we used are:Whole Barbecue Turkey

Garlic Roasted Turkey

Spicy Chicken Sausage Stuffing

Brussels Sprouts California Style

Garnet Yam Stuffed Granny Smith Apples

Cranberry Tangerine Sauce

Garnet Yam Cake with Brown Sugar Glaze/Sauce and Glazed Pecans

Apple Cranberry Crostata.



I hope you all have a happy Thanksgiving.

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